

MEDICARE / MANAGED CARE PLANS

FEBRUARY 2000

Always check with the company for the latest plan information and premiums.

PLAN NAME PHONE #	OFFICE VISITS / ROUTINE EXAMS	HOSPITAL / URGENT & EMERGENCY	EXTRA & NOTES	COUNTIES SERVED
AETNA USA HEALTHCARE, INC Golden Medicare 800-459-5522	\$0 cp ----- \$0 cp	100% ----- \$50 cp waived if admitted	EE, EG, HE, HA Rx discount (10-40%); Travel (routine) benefit for 1 year; Dental discount	King, Snohomish, partial Kitsap & Pierce Standard - \$0 Premier - \$20
FIRST CHOICE HEALTH PLAN Seniors First 800-864-1190	\$5 cp ----- \$5 cp	100% ----- \$50 cp waived if admitted	EE, EG, HE, HA-\$250 per one year	King, Pierce- \$29 Thurston,-\$49 Snohomish - \$49
GROUP HEALTH Puget Sound Plus Plan 800-581-8252 206-448-4141	\$5 cp ----- 100%	100% ----- \$50 cp waived if admitted	EE, EG, HE, HA; 100% to 150 days in SNF; 5 home care visits; preventive dental; smoking cessation program; \$2,000 Medicare benefits out of area; health club member	King, Lewis, Mason, Snohomish, Thurston, & Pierce -\$48 Island, Skagit, Kitsap \$58 San Juan, Grays Harbor, Whatcom-\$78
GROUP HEALTH Puget Sound Standard Plan 800-581-8252 206-448-4141	\$5 cp ----- 100%	100% ----- \$50 cp waived if admitted	EE, EG, HE, HA; smoking cessation program; \$2,000 Medicare benefits out of area; health club member	King, Lewis, Mason, Snohomish, Thurston, & Pierce -\$29 Island, Skagit, Kitsap \$39 San Juan, Grays Harbor, Whatcom-\$59

KEY: EE = Eye Exam HE = Hearing Exam Rx = Prescription Drugs CP=Copay EG = Eye Glasses HA = Hearing Aid OOP = Out-of-Pocket Limit/Year
This is only an overview. Consult plan contract for details. Most benefits subject to Medicare guidelines. Contact plan for open enrollment times.

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KAISER Medicare Plus 800-813-2000	\$10 cp ----- 100%	100% ----- \$10 cp @Kaiser; Out of plan-\$50	EE, EG, HE; Bene pays 70% up to \$50 per Rx, no annual limit; health club member; 80/20% travel bene up to \$1,000 year	Clark, Cowlitz, & Wahkiakum - \$81
KAISER Plus II 800-813-2000	\$10 cp ----- \$10 cp	100% ----- \$10 cp @Kaiser; Out of plan-\$50	EE, EG, HE, HA; Expanded care in home; Rx-\$10 cp, no annual limit	Clark - \$176
OPTIONS HEALTH CARE, INC. (Group Health / Virginia Mason) Options I 800-579-8252 206-448-4380	\$5 cp ----- 100%	100% ----- \$50 cp waived if admitted	EE, EG, HE, HA; \$300 oop for network; Medicare benes outside of area; dental; health club member	King, Lewis, Mason, Pierce, Snohomish, Thurston - \$54 Island, Skagit, & Kitsap - \$64
OPTIONS HEALTH CARE, INC. (Group Health / Virginia Mason) Options II 800-579-8252 206-448-4380	\$5 cp ----- 100%	100% ----- \$50 cp waived if admitted	EE, EG, HE, HA; \$300 oop for network; health club member	King, Lewis, Mason, Pierce, Snohomish, & Thurston - \$29 Island, Skagit, & Kitsap - \$39

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PREMERA (formerly MSC) 509-536-8850 800-511-3770	\$5 cp ----- \$5 cp	100% ----- \$5 cp urgent; \$50 cp ER-waived if admitted	EE, EG, HE, HA; \$300 oop; out of area travel benes to \$2,000; health club & rec facility discount; smoking cessation; 3 day hospital stay waived for SNF	King-\$29 Spokane - \$59
PREMERA (formally BLUE CROSS) Health Plus / Senior Partners 800-551-9903	\$5 cp ----- \$5 cp	100% ----- \$50 cp waived if admitted	EE, EG, HE, HA \$300 oop, 3 day hospital stay waived for SNF; health club discount, smoking cessation benefit; health nurse line; local customer service, RX discount	King- \$29 Lewis, Thurston - \$49 Pierce- \$39 Snohomish - \$39 Spokane - \$59
PROVIDENCE HEALTH PLANS 800-421-0644	\$10 cp ----- \$10 cp	100% \$50 cp – waived if admitted	EE, EG, HE	Cowlitz, Wahkiakum, Southern Lewis, Southern Pacific, & Clark - \$89
REGENCE HMO of Oregon First Choice 65 800-541-8981	\$10 cp ----- \$10 cp	100% ----- \$0 cp-Urgent \$50 cp-waived if admitted	EE, EG; Away from home care- 90 days	Clark - \$39.50

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REGENCECARE HealthSense 888-344-5594	\$5cp ----- 100%	100% ----- Out of area Urgent-\$5 cp \$50 cp- waived if admitted-in area	EE, EG, HE, HA; Ground, air ambulance or cambulance in full for ER or w/pre auth; discount Rx available	King, Pierce - \$28 Snohomish - \$45
SECURE HORIZONS PACIFICARE 509-838-4481 800-255-6673	\$10 cp ----- \$10	100% ----- \$50 cp – waived if admitted – in or out of area	EE, EG, HE, HA; \$300 OOP; Smoking cessation	King- \$0 Snohomish, Pierce, Lewis, Thurston - \$20 Cowlitz, Walla Walla-\$52 Clark - \$58

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